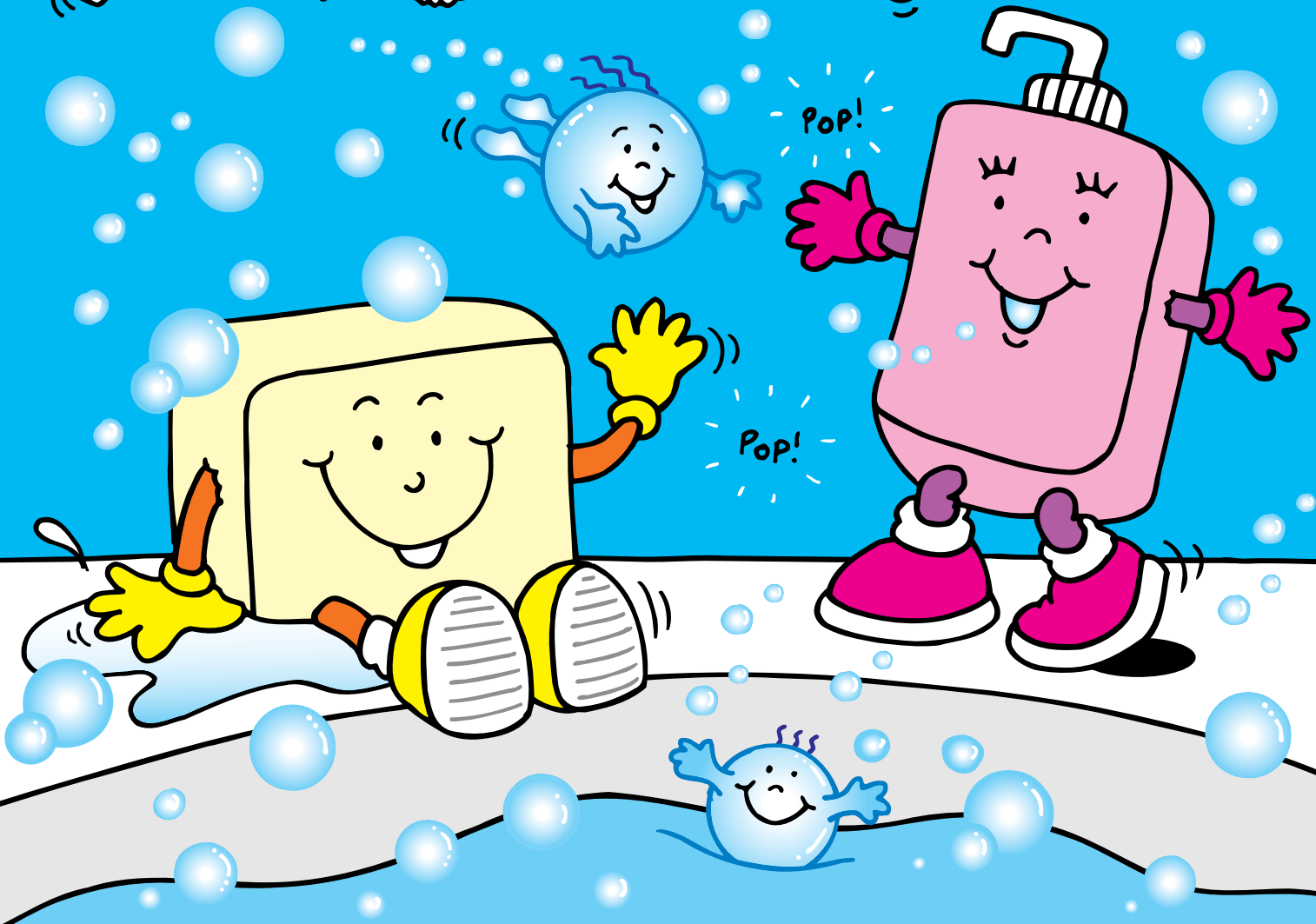
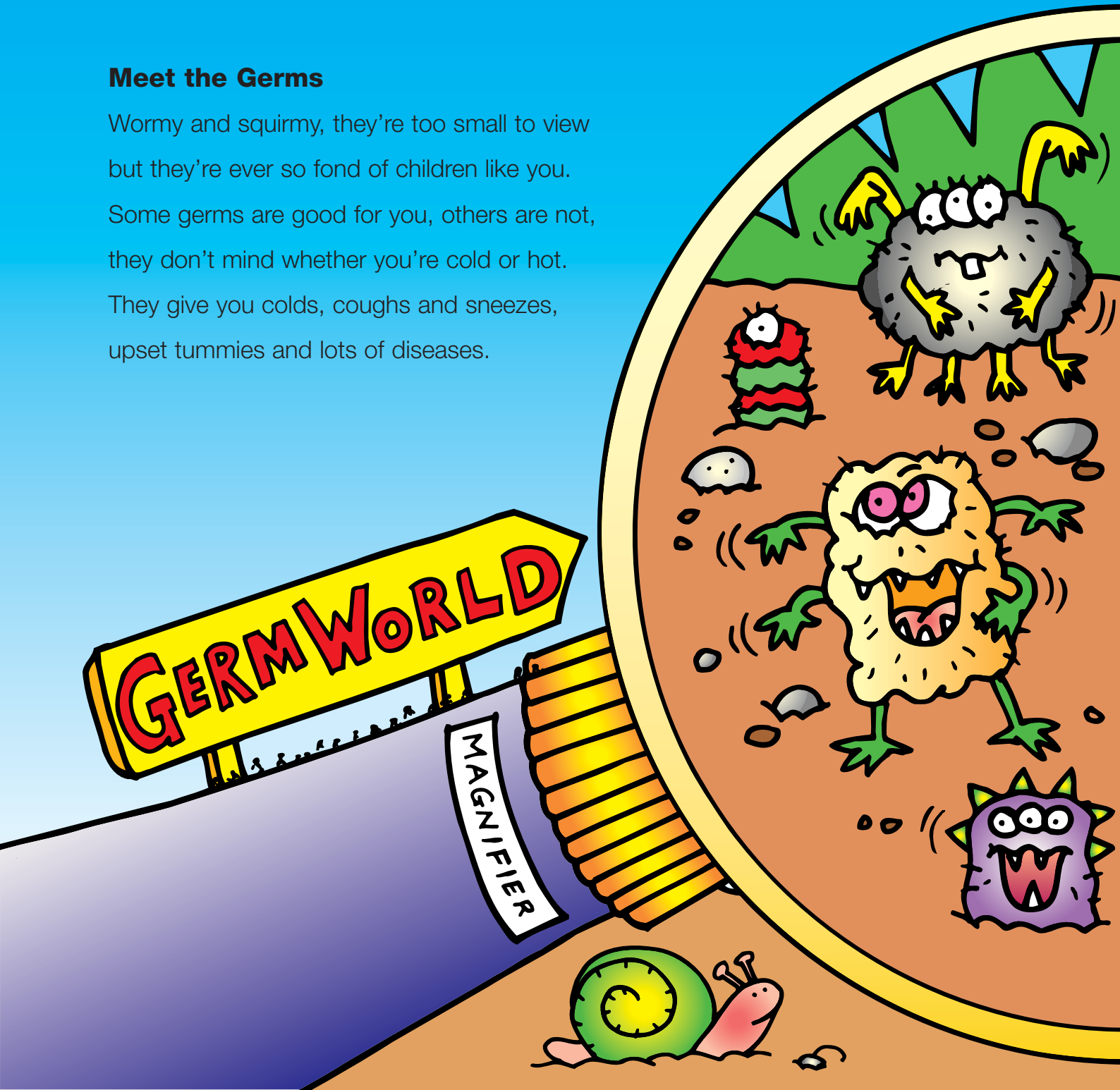


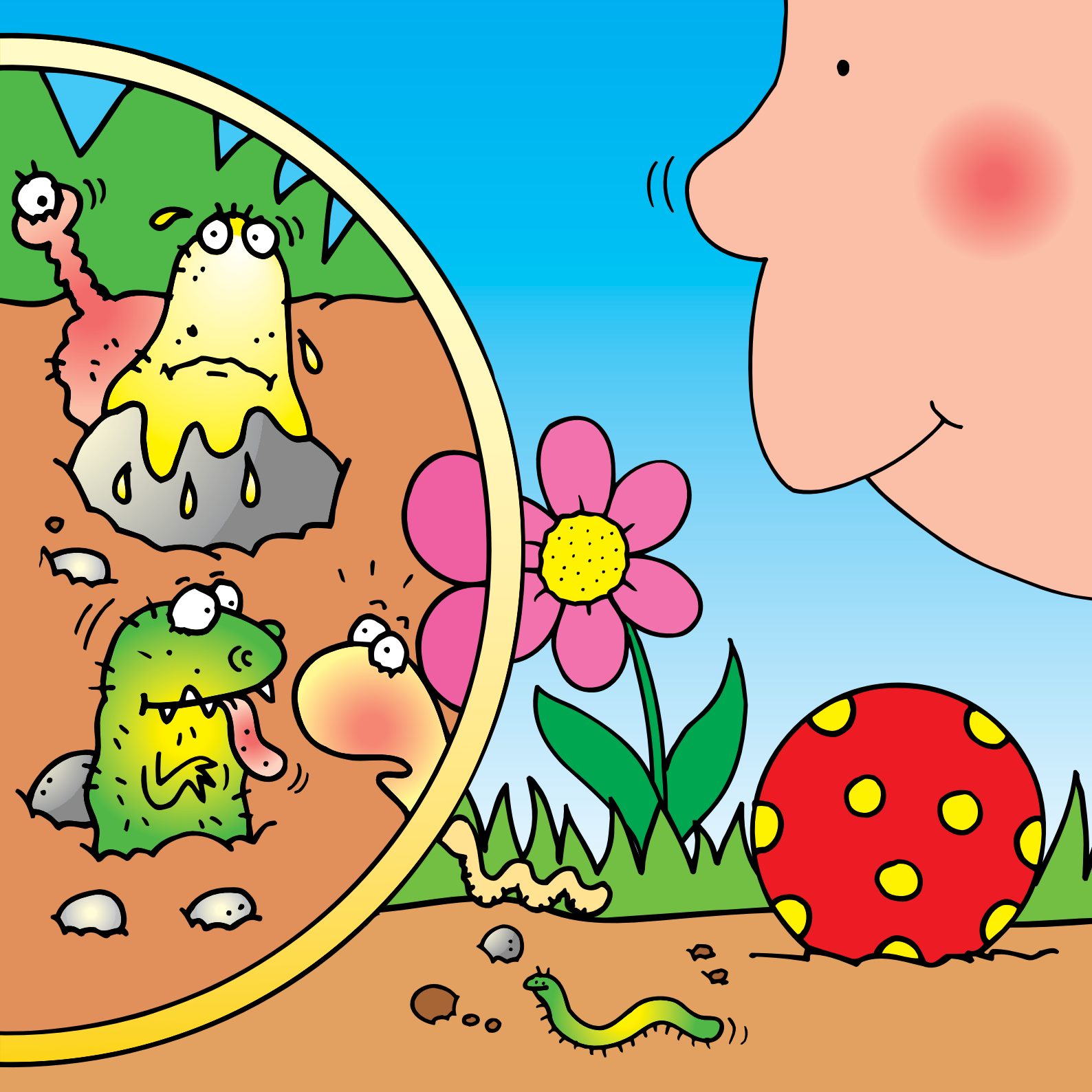
# HOORAY FOR HANDWASHING!



## Meet the Germs

Wormy and squirmy, they're too small to view but they're ever so fond of children like you. Some germs are good for you, others are not, they don't mind whether you're cold or hot. They give you colds, coughs and sneezes, upset tummies and lots of diseases.







## How germs get on your hands

Germs get on your hands in all sorts of ways –  
from nice furry pets on long summer days.

From touching what's dirty like stuff on the ground,  
from toilets and hankies and things that you've found.

From playing with a football, a skateboard or kite,  
you can't even feel them - they're ever so light.







## Soap to the rescue!

Get germs off your hands with water  
and soap.

Whether in a bar or a bottle, they simply  
can't cope.

So you turn on the tap and you rub and you rub,  
bubbles appear the more that you scrub.

Front, back, fingers and thumbs 'til you're done,  
then you're clean as can be – it's really quite fun.



Quick run!

Jump!

So, wherever you are when you go to the loo,  
there's one thing you must remember to do . . .

When you come in from outside or play with a pet,  
there's one thing you mustn't forget . . .

. . . give your hands a good scrub before eating  
your grub, and who won't get poorly? . . . YOU!

