Staying safe with Sam

by the Child Accident Prevention Trust
1. Doing the Washing

2. Unpacking the shopping

3. Cleaning the Bath

4. Under the Sink
My name is Sam, I’m four years old,
My little sister’s Lily,
My cat is Pickle, my dog’s called Spike,
And my hamster’s name is Billy.

Daddy’s doing laundry today,
I’m helping him sort the clothes,
Colours go here, white things there,
I know where everything goes!

Lily is crawling ‘round the floor,
She’s getting in the way.
“Lily, let me sort the clothes!”
“Go over there and play!”

Daddy is making our tea,
Fish fingers and chips today!
I am good at sorting clothes
All Lily can do is play.
Lily’s got something – what could it be?  
It’s squishy, purple and blue,  
Is it a toy? No! It’s a washing tab!  
Oh no! What should I do?

“Daddy!” I shout.  
“Look at Lily!”  
Daddy puts down the pan,  
He grabs the tab from her, and says:  
“Good work! Well done, little man.”

“You did just the right thing!”  
“Do you remember our song?  
“It’s always best to ask a grown up,  
“If you’re not sure or something is wrong.”

Can I eat this?  
ASK A GROWN UP!

Should that be there?  
ASK A GROWN UP!

Can I touch that?  
ASK A GROWN UP!

Always remember:  
ASK A GROWN UP!
Someone is at the door,
Hooray! Gran’s come to play!
“Sam! Lily! Come give Gran a hug!”
“What shall we do today?”

Gran has a big bag of shopping,
She’s put it down on the floor,
I hope she’s got sweets for us in there!
I bet she has – I’m almost sure!

Mummy and Gran are chatting,
I sneak a look at Gran’s stuff,
Hooray! I can see some sweets!
I hope she’s brought enough!

I have a look what else is there,
Apples, oranges, coffee, tea...
And a bottle – it’s quite pretty,
I wonder what it could be?
"Gran! What’s that bottle?"
"It’s all white, orange and blue!"
"It’s drain cleaner, luvvie,"
"Don’t touch – it’s not for you!"

"Sam, you must never, ever
Taste anything before asking first.
Some things are very dangerous
And drain cleaner’s one of the worst!"

"You did just the right thing!"
"Do you remember our song?"
"It’s always best to ask a grown up,
“If you’re not sure or something is wrong.”

Can I eat this?
ASK A GROWN UP!

Should that be there?
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ASK A GROWN UP!

Always remember:
ASK A GROWN UP!
Mummy's busy tidying up,
She does it every day,
She likes things to be
nice and clean,
Before we go out to play.

The door bell rings!
Who is there?
Mummy goes downstairs,
I hope it's Gran come back again,
But a man with shopping's there.

I go into the bathroom,
The bath's covered in pink goo,
Mummy's got to unpack the shopping,
She's got quite a lot to do!

Should I finish cleaning the bath?
Would that help her out?
I've seen her do it loads of times,
I know what it's about!

"Mummy!" I call, "Where are you?
"Can I help you clean?"
"I could wipe that stuff all off the bath,
The pink goo - you know what I mean?"
"You did just the right thing!"
"Do you remember our song?
“It’s always best to ask a grown up,
“If you’re not sure or something is wrong.”

**Can I eat this?**
**ASK A GROWN UP!**

**Should that be there?**
**ASK A GROWN UP!**

**Can I touch that?**
**ASK A GROWN UP!**

Always remember:
**ASK A GROWN UP!**

Mummy rushes up the stairs,
“No, Sam, don’t touch the goo!”
“It’s kind that you want to help”
“But that’s not a job for you.”

“Many cleaning products are dangerous,
They can hurt your eyes or skin.”
She wipes away the pink stuff,
And then says this, with a grin:
It's a hot day, and I'm thirsty,
I'm looking for something to drink,
I can't reach the high cupboards,
So I'm going to look under the sink.

There are lots of bottles there,
Their lids all screwed on tight,
I can't read though, so I'm not sure...
One of them must be right?

Mummy's upstairs, I could ask her,
But wouldn't she be proud,
If I got myself a drink—and Lily too,
I wonder if I'm allowed?

"Mummy!" I shout, "I'm thirsty!
"But I don't know what to drink."
"Which of these bottles is the juice?"
"I'm looking under the sink."
“No, Sam!” Mummy shouts,
As she rushes over to me,
“None of those are good to drink,”
“These are cleaning things, you see!”

“Most could make you very ill,”
“You, and Lily too.”
“If you’re thirsty, ask a grown up,”
“To get a drink for you.”

“You did just the right thing!”
“Do you remember our song?
“It’s always best to ask a grown up,
“If you’re not sure or something is wrong.”

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